

drytech



Our objective in Drytech is that REAL shall be complete meals for those who love an open-air life. The meals shall have an appetising aroma, consistency and taste as if they are «home-made».

A selection of our satisfied customers: Ice Warrior Expeditions Limited, the Norwegian Defence Forces, The Swedish Defence Forces, Borge Ousland, Liv Arnesen, 71 degrees north, the Volvo Ocean Race.



APPETISING TASTE



NATURAL
NORWEGIAN INGREDIENTS



HIGH ENERGY AND
NUTRITIONAL CONTENT



LIGHT WIGHT



LONG SHELF LIFE



PRODUCED IN TROMSØ, NORWAY

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LIKE HAVING A CHEF IN YOUR BACKPACK - ONLY LIGHTER

READY IN FIVE MINUTES

Tear off the top of the pouch at the perforations. Add water to the marked level, as shown on the rear of the pouch. Mix well, close the pouch with the zip-seal and allow to stand for at least five minutes. Add more water if desired. The meal retains warmth best ate directly from the pouch.



FACTS ABOUT REAL EXPEDITION MEAL

- Light and space-saving
- Easy and quick preparation
- All you need is hot water and a spoon
- Use the pouch as "saucepan" and "plate"
- Practical pouch with zip-seal that preserves heat
- All meals produced mainly from fresh Norwegian raw materials, such as fish, meat, vegetables and potatoes
- Nutritional and full of energy
- Long shelf life
- Complete meals

BEEF STEW

Ingredients: Rice, beef 10 %, paprika, red and green pepper, onion, wheat flour, soya oil, mushrooms, meat bouillon, salt and seasoning.
Anti-oxidant: Ascorbic acid. **Lactose free.**
Net weight: app. 146 g.
When prepared: app. 500 g.
Energy (per portion): 692 kcal/2.910 KJ.
Nutritional value: Protein 22 g, carbohydrates 79 g, fat 32 g, salt 2,9 % and trans-fatty acid <2%.

BEEF AND POTATO CASSEROLE

Ingredients: Potatoes, salt beef 13 %, swede, carrots, soya oil, onions, potato flakes without milk, meat bouillon, salt and seasoning.
Anti-oxidant: Ascorbic acid. **Lactose and gluten free.**
Net weight: app. 114 g.
When prepared: app. 500 g.
Energy (per portion): 585 kcal/2.470 KJ.
Nutritional value: Protein 15 g, carbohydrates 44 g, fat 39 g, salt 4,4% and trans-fatty acid <2%.

WOLFFISH AND ARCTIC PRAWNS IN DILL SAUCE

Ingredients: Pasta (durum wheat), wolffish paté (argentine 64%, wolffish 27%, potato flour 8%, salt 1%)10%, shrimps 4%, red pepper, soya oil, wheat flour, soured cream, spiced white wine, fish bouillon (celery), white wine vinegar, salt, white pepper, garlic and sugar.
Anti-oxidant: Ascorbic acid.
Net weight: app. 140 g.
When prepared: app. 500 g.
Energy (per portion): 614 kcal/2.590 KJ.
Nutritional value: Protein 25 g, carbohydrates 77 g, fat 23 g, salt 4,6% and trans-fatty acid <2%.

PASTA VEGETARIAN

Ingredients: Crushed tomatoes, onions, pasta (durum wheat), green pepper, tomato pureé, tiger sauce, leeks, sugar, vegetable bouillon (celery) and salt.
Anti-oxidant: Ascorbic acid. **Lactose free.**

Net weight: app. 97 g.
When prepared: app. 500 g.
Energy (per portion): 300 kcal/1.260 KJ.
Nutritional value: Protein 11 g, carbohydrates 63 g, fat 2 g, salt 0,8% and trans-fatty acid <2%

SWEET'N SOUR CHICKEN

Ingredients: Rice, chicken 12%, tomato pureé, wheat flour, onions, carrots, green pepper, soya oil, sugar, meat bouillon, soy sauce, vinegar, salt and seasoning.
Anti-oxidant: Ascorbic acid. **Lactose free.**
Net weight: app. 140 g.
When prepared: app. 500 g.
Energy (per portion): 590 kcal/2.570 KJ.
Nutritional value: Protein 21 g, carbohydrates 81 g, fat 20 g, salt 3,5% and trans-fatty acid <2%.

PASTA BOLOGNESE

Ingredients: Pasta (durum wheat), meatloaf, (beef 45%, animal fat, potato flour, wheat bran, salt and seasoning) 10%, onions, green pepper, wheat flour, soya oil, tomato pureé, meat bouillon, salt, garlic powder and seasoning.
Anti-oxidant: Ascorbic acid. **Lactose free.**
Net weight: app. 140 g.
When prepared: app. 500 g.
Energy (per portion): 605 kcal/2.550 KJ.
Nutritional value: Protein 21 g, carbohydrates 70 g, fat 27 g, salt 4,4 % and trans-fatty acid <2%.

CHICKEN CURRY

Ingredients: Rice, chicken 10%, onions, wheat flour, red pepper, soya oil, meat bouillon, curry, salt and seasoning.
Anti-oxidant: Ascorbic acid. **Lactose free.**
Net weight: app. 150 g.
When prepared: app. 500 g.
Energy (per portion): 690 kcal/2.890 KJ.
Nutritional value: Protein 21 g, carbohydrates 79 g, fat 32 g, salt 3,7% and trans-fatty acid <2%.

COD AND POTATO CASSEROLE

Ingredients: Potatoes, cod paté (cod 88%, potato flour, salt) 14%, sour cream, green pepper, carrots, onions, instant potato without milk, soya oil, fish stock (celery), salt and seasoning.
Anti-oxidant: Ascorbic acid. **Gluten free.**
Net weight: app. 108 g.
When prepared: app. 500 g.
Energy (per portion): 512 kcal/2.150 KJ.
Nutritional value: Protein 24 g, carbohydrates 43 g, fat 27 g, salt 4,0% and trans-fatty acid <2%.

CHILLI CON CARNE

Ingredients: Rice, meatloaf (beef 45 %, animal fat, potato flour, wheat bran, onions, salt, seasoning)9%, onions, wheat flour, tomato pureé, soya oil, beans, meat bouillon, chilli, garlic, salt and seasoning.
Anti-oxidant: Ascorbic acid. **Lactose free.**
Net weight: app. 160 g.
When prepared: app. 500 g.
Energy (per portion): 685 kcal/2.880 KJ.
Nutritional value: Protein 21 g, carbohydrates 83 g, fat 30 g, salt 4,3% and trans-fatty acid <2%.

GAME CASSEROLE

Ingredients: Potato, reindeer 12%, onions, carrots, mushrooms, cream, soya oil, wheat flour, game bouillon, tomato pureé, mountain cranberries, salt and seasoning.
Anti-oxidant: Ascorbic acid.
Net weight: app. 121 g.
When prepared: app. 500 g.
Energy (per portion): 586 kcal/2.460 KJ.
Nutritional value: Protein 19 g, carbohydrates 48 g, fat 35 g, salt 3,8% and trans-fatty acid <2%.

PASTA PROVENCE

Ingredients: Pasta (durum wheat), beef 12 %, soya oil, wheat flour, onions, tomato pureé, meat bouillon, salt and seasoning.
Anti-oxidant: Ascorbic acid. **Lactose free.**
Net weight: app. 154 g.
When prepared: app. 500 g.
Energy (per portion): 713 kcal/2.990 KJ.
Nutritional value: Protein 27 g, carbohydrates 73 g, fat 36 g, salt 3,5% and trans-fatty acid <2%.

CEREAL

Ingredients: Roasted wheat flakes, rolled oats, raisins, cornflakes, pineapple, banana, toasted rye flakes, powdered milk, sugar and cinnamon.
Net weight: app. 118 g.
When prepared: app. 350 g.
Energy (per portion): 433 kcal/1.790 KJ.
Nutritional value: Protein 17 g, carbohydrates 80 g, fat 5 g, salt 0,7% and trans-fatty acid <2%.

SUNSHINE CEREAL

Ingredients: Oats, pumpkin seeds, raspberries, sugar, linseeds and vanilla. **Lactose free.**
Net weight: app. 98 g.
When prepared: app. 350 g.
Energy (per portion): 375 kcal/1.580 KJ.
Nutritional value: Protein 13 g, carbohydrates 56 g, fat 11 g, salt 0,6% and trans-fatty acid <2%.

